

MOUNTAIN MIKE'S PIZZA, NUTRITIONAL INFORMATION SPREADSHEET

PIZZA CURST <small>(Small-10 slices, values represent the difference between a regular 10" inch crust and a GF crust.)</small>	CALORIES	CALORIES FROM FAT	TOTAL FAT GMS	SAT FAT GMS	TRANS FAT GMS	CHOL MG	SODIUM MG	TOTAL CARBS GMS	DIETARY FIBER GMS	TOTAL SUGARS GMS	TOTAL PROTEIN GMS	VIT A PDV	VIT C PDV	CALCIUM (mg)	IRON (mg)
Small (Serving Size: 1 slice)	24.97	9	0.7	0.1	0	0	17	4.3	0.6	0.4	0.2	132	3	60	0.04

Gluten Free Crust Ingredients:

Nutrition Facts	
Serving Size 100 g	
Servings Per Container varies	
Amount Per Serving	
<b>Calories</b> 280	Calories from Fat 90
% Daily Value*	
<b>Total Fat</b> 10g	15%
Saturated Fat 1.5g	6%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 160mg	7%
<b>Total Carbohydrate</b> 43g	14%
Dietary Fiber 0g	0%
Sugars 0g	
<b>Protein</b> 3g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 2%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

Ingredient Statement:

*(as it appears on package where applicable)*

WATER, RICE FLOUR, MODIFIED RICE STARCH, POTATO STARCH, OLIVE OIL, EVAPORATED CANE SUGAR, TAPIOCA FLOUR, POTATO FLOUR, FRESH YEAST, SALT, XANTHAN GUM, CALCIUM SULFATE (ADDED FOR FRESHNESS).

Allergen(s) Present: No allergens present  
 Statements: Gluten Free, Dairy Free, Egg Free, Soy Free

Please be aware that our gluten-free crust is prepared in a non-gluten free environment. During normal kitchen operations involving shared cooking and preparation areas there is a possibility that our gluten-free crust will come into contact with wheat flour and/ or other non-gluten free items. We cannot guarantee that any menu item is completely gluten-free. Customers with gluten sensitivities should therefore exercise judgment in consuming such items.