



SERVING SIZE	CALORIES	TOTAL FAT (g)	SATURATED FAT (g)	CHOLESTEROL (mg)	SODIUM (mg)	TOTAL CARBS (g)	DIETARY FIBER (g)	SUGARS (g)	PROTEIN (g)	ALLERGENS
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PIZZA - SMALL

Nutrition information is per slice (1/10 pizza) on Traditional Crust.

Small - Cheese	1 Slice	160	5	3	15	165	20	1	1	7	Milk, Sulfites, Wheat
Small - Pepperoni	1 Slice	170	7	3	15	280	20	1	1	7	Milk, Sulfites, Wheat
Small - The Everest	1 Slice	180	7	3	20	265	20	1	1	8	Milk, Sulfites, Wheat
Small - Pikes Peak	1 Slice	190	8	3	25	345	20	1	1	9	Milk, Sulfites, Wheat
Small - Mt. Veggiemore	1 Slice	150	4	2	10	165	20	1	2	6	Milk, Wheat
Small - Chicken Club	1 Slice	180	8	3	20	260	20	1	1	8	Milk, Soy, Wheat
Small - BBQ At The Ranch	1 Slice	170	7	2	15	260	20	1	2	7	Milk, Soy, Wheat
Small - Snowy Alps	1 Slice	160	7	2	10	220	20	1	1	6	Milk, Soy, Wheat
Small - The McKinley	1 Slice	100	4	2	10	160	10	1	1	4	Milk, Soy, Wheat
Small - Robbers Roost (Red)	1 Slice	150	4	2	15	175	20	1	1	7	Milk, Soy, Wheat
Small - Robbers Roost (White)	1 Slice	150	6	2	10	180	20	1	1	6	Milk, Soy, Wheat
Small - Pineapple Chicken Luau	1 Slice	190	7	3	20	280	20	1	4	9	Milk, Soy, Wheat
Small - Sizzlin' Bacon Classic	1 Slice	180	8	2	15	295	20	1	1	7	Milk, Soy, Wheat
Small - Garlic Tuscan	1 Slice	190	7	3	20	345	20	1	2	8	Milk, Wheat
Small - Spicy Himalayan	1 Slice	150	8	2	15	230	20	1	1	7	Milk, Sulfites, Wheat
Small - Veggie Spicy Himalayan	1 Slice	140	7	2	10	195	20	1	1	5	Milk, Sulfites, Wheat

PIZZA - MEDIUM

Nutrition information is per slice (1/12 pizza) on Traditional Crust.

Medium - Cheese	1 Slice	210	7	3	20	210	25	1	1	9	Milk, Sulfites, Wheat
Medium - Pepperoni	1 Slice	220	9	4	20	340	25	1	1	9	Milk, Sulfites, Wheat
Medium - The Everest	1 Slice	230	9	3	20	340	25	1	2	10	Milk, Sulfites, Wheat
Medium - Pikes Peak	1 Slice	250	10	4	30	435	25	1	2	12	Milk, Sulfites, Wheat
Medium - Mt. Veggiemore	1 Slice	190	5	2	10	205	30	1	2	7	Milk, Wheat
Medium - Chicken Club	1 Slice	250	10	3	20	330	25	1	2	10	Milk, Soy, Wheat
Medium - BBQ At The Ranch	1 Slice	220	8	3	20	255	25	1	2	9	Milk, Soy, Wheat
Medium - Snowy Alps	1 Slice	220	9	3	15	275	25	1	2	7	Milk, Soy, Wheat
Medium - The McKinley	1 Slice	200	6	3	15	200	25	1	2	8	Milk, Soy, Wheat
Medium - Robbers Roost (Red)	1 Slice	200	6	2	15	220	25	1	2	9	Milk, Soy, Wheat
Medium - Robbers Roost (White)	1 Slice	200	7	2	5	225	25	1	2	8	Milk, Soy, Wheat
Medium - Pineapple Chicken Luau	1 Slice	260	9	4	25	355	30	1	5	11	Milk, Soy, Wheat
Medium - Sizzlin' Bacon Classic	1 Slice	240	10	3	20	370	25	1	1	9	Milk, Soy, Wheat
Medium - Garlic Tuscan	1 Slice	250	9	4	20	430	30	2	3	10	Milk, Wheat
Medium - Spicy Himalayan	1 Slice	200	6	3	20	345	25	1	2	9	Milk, Sulfites, Wheat
Medium - Veggie Spicy Himalayan	1 Slice	190	5	2	15	290	25	1	2	7	Milk, Sulfites, Wheat

PIZZA - LARGE

Nutrition information is per slice (1/14 pizza) on Traditional Crust.

Large - Cheese	1 Slice	240	8	4	20	240	30	1	2	11	Milk, Sulfites, Wheat
Large - Pepperoni	1 Slice	260	10	4	25	400	30	1	2	11	Milk, Sulfites, Wheat
Large - The Everest	1 Slice	270	10	4	25	385	30	1	2	11	Milk, Sulfites, Wheat
Large - Pikes Peak	1 Slice	290	12	5	30	500	30	1	2	13	Milk, Sulfites, Wheat
Large - Mt. Veggiemore	1 Slice	230	6	2	15	235	30	2	2	8	Milk, Wheat
Large - Chicken Club	1 Slice	280	12	4	30	380	30	1	2	12	Milk, Soy, Wheat
Large - BBQ At The Ranch	1 Slice	250	9	3	20	285	30	2	3	10	Milk, Soy, Wheat
Large - Snowy Alps	1 Slice	250	10	3	20	315	30	1	2	8	Milk, Soy, Wheat
Large - The McKinley	1 Slice	220	6	3	15	220	30	2	2	9	Milk, Soy, Wheat
Large - Robbers Roost (Red)	1 Slice	230	6	3	20	250	35	2	2	10	Milk, Soy, Wheat
Large - Robbers Roost (White)	1 Slice	230	8	2	20	260	30	1	2	9	Milk, Soy, Wheat
Large - Pineapple Chicken Luau	1 Slice	300	10	4	30	410	30	1	6	13	Milk, Soy, Wheat
Large - Sizzlin' Bacon Classic	1 Slice	270	12	3	20	425	30	1	2	11	Milk, Soy, Wheat
Large - Garlic Tuscan	1 Slice	280	10	4	25	495	30	2	3	12	Milk, Wheat
Large - Spicy Himalayan	1 Slice	230	7	3	20	330	30	2	2	10	Milk, Sulfites, Wheat
Large - Veggie Spicy Himalayan	1 Slice	220	6	3	15	280	30	2	2	8	Milk, Sulfites, Wheat



SERVING SIZE	CALORIES	TOTAL FAT (g)	SATURATED FAT (g)	CHOLESTEROL (mg)	SODIUM (mg)	TOTAL CARBS (g)	DIETARY FIBER (g)	SUGARS (g)	PROTEIN (g)	ALLERGENS
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PIZZA - MOUNTAIN

Nutrition information is per slice (1/20 pizza) on Traditional Crust.

Mountain - Cheese	1 Slice	330	11	5	30	340	40	2	2	15	Milk, Sulfites, Wheat
Mountain - Pepperoni	1 Slice	360	14	6	35	560	40	2	2	15	Milk, Sulfites, Wheat
Mountain - The Everest	1 Slice	370	14	6	35	540	40	2	3	16	Milk, Sulfites, Wheat
Mountain - Pikes Peak	1 Slice	480	22	10	65	860	40	2	3	24	Milk, Sulfites, Wheat
Mountain - Mt. Veggiemore	1 Slice	310	9	3	20	330	40	2	3	12	Milk, Wheat
Mountain - Chicken Club	1 Slice	390	17	5	40	530	40	2	2	16	Milk, Soy, Wheat
Mountain - BBQ At The Ranch	1 Slice	330	11	4	30	370	40	2	3	14	Milk, Soy, Wheat
Mountain - Snowy Alps	1 Slice	340	11	3	15	335	40	2	3	10	Milk, Soy, Wheat
Mountain - The McKinley	1 Slice	320	10	4	25	370	40	2	2	13	Milk, Soy, Wheat
Mountain - Robbers Roost (Red)	1 Slice	300	8	3	20	315	40	2	3	13	Milk, Soy, Wheat
Mountain - Robbers Roost (White)	1 Slice	320	12	3	25	360	40	2	3	12	Milk, Soy, Wheat
Mountain - Pineapple Chicken Luau	1 Slice	410	14	6	40	575	50	2	9	18	Milk, Soy, Wheat
Mountain - Sizzlin' Bacon Classic	1 Slice	380	16	5	30	590	40	2	2	15	Milk, Soy, Wheat
Mountain - Garlic Tuscan	1 Slice	390	14	6	35	690	45	3	4	16	Milk, Wheat
Mountain - Spicy Himalayan	1 Slice	320	9	4	30	460	40	2	3	14	Milk, Sulfites, Wheat
Mountain - Veggie Spicy Himalayan	1 Slice	300	8	4	20	390	40	2	3	11	Milk, Sulfites, Wheat

PIZZA - CREATE YOUR OWN

Nutrition information displayed accounts for sauce and cheese only. Please see "Create Your Own - Toppings" for more information.

Mini - Create Your Own	1 Slice	100	3	1	5	85	15	1	1	4	Milk, Sulfites, Wheat
Small - Create Your Own	1 Slice	130	3	1	10	105	20	1	1	5	Milk, Sulfites, Wheat
Medium - Create Your Own	1 Slice	170	4	2	10	130	25	1	1	7	Milk, Sulfites, Wheat
Large - Create Your Own	1 Slice	200	5	2	10	150	30	1	2	8	Milk, Sulfites, Wheat
Mountain - Create Your Own	1 Slice	270	6	3	15	210	40	2	2	10	Milk, Sulfites, Wheat

CREATE YOUR OWN - TOPPINGS

Nutrition information displayed accounts for toppings only. Please see "Pizza - Create Your Own" for more information. Range provided for Mini through Mountain size.

Mozzarella Cheese	1 Slice Portion	30 - 70	2 - 5	1 - 3	5 - 20	60 - 145	0	<1	0	2 - 5	Milk, Sulfites, Wheat
Topping Cheese	1 Slice Portion	5 - 10	<1 g	<1	0	10	0	<1	0	<1	Milk, Sulfites, Wheat
Ham	1 Slice Portion	5 - 20	<1 g	<1	1 - 5	50 - 185	0	<1	0	1 - 3	No Major Allergens
Salami	1 Slice Portion	20 - 70	1 - 2	<1	5 - 20	85 - 300	0	<1	0	1 - 4	No Major Allergens
Pepperoni	1 Slice Portion	20 - 80	2 - 7	0 - 3	5 - 15	90 - 330	0	<1	0	1 - 4	No Major Allergens

CREATE YOUR OWN - TOPPINGS

Nutrition information displayed accounts for toppings only. Please see "Pizza - Create Your Own" for more information. Range provided for Mini through Mountain size.

Chicken	1 Slice Portion	10 - 30	0 - 1.5	<1	5 - 10	25 - 110	0	<1	0	1 - 4	No Major Allergens
Bacon	1 Slice Portion	30 - 120	2 - 10	0 - 3	5 - 20	75 - 320	0	<1	0	2 - 7	No Major Allergens
Beef	1 Slice Portion	15 - 50	0 - 4	0 - 2	5 - 15	5 - 15	0	<1	0	1 - 3	No Major Allergens
Italian Sausage	1 Slice Portion	15 - 50	0 - 4	0 - 1	5 - 15	35 - 150	0	<1	0	1 - 4	No Major Allergens
Linguica	1 Slice Portion	15 - 60	1 - 4	0 - 1	5 - 15	50 - 215	0	<1	0	1 - 2	No Major Allergens
Louisiana Hot Style Sausage	1 Slice Portion	15 - 60	1 - 5	0 - 2	5 - 10	50 - 215	0	<1	0	<1	No Major Allergens
Mushrooms	1 Slice Portion	0	<1 g	<1	0	0	0	<1	0	<1	No Major Allergens
Black Olives	1 Slice Portion	10 - 30	<1 g	<1	0	0	0	<1	0	<1	No Major Allergens
Green Bell Peppers	1 Slice Portion	0	<1 g	<1	0	0	0	<1	0	<1	No Major Allergens
Onion	1 Slice Portion	0	<1 g	<1	0	0	0	<1	0	<1	No Major Allergens
Red Onion	1 Slice Portion	0	0	<1	0	0	0	<1	0	<1	No Major Allergens
Green Onion	1 Slice Portion	0	<1 g	<1	0	0	0	<1	0	<1	No Major Allergens
Artichoke Hearts	1 Slice Portion	5 - 25	0 - 1	<1	0	25 - 95	0 - 5	<1	0	<1	Fish, Shellfish
Jalapeno	1 Slice Portion	0 - 5	<1 g	<1	0	30 - 120	0	<1	0	<1	No Major Allergens
Diced Tomato	1 Slice Portion	0 - 5	<1 g	<1	0	0	0	<1	0	<1	No Major Allergens
Sun Dried Tomato	1 Slice Portion	5 - 20	<1 g	<1	0	40 - 135	0 - 5	<1	0 - 2	<1	No Major Allergens
Pineapple	1 Slice Portion	5 - 20	<1 g	<1	0	0 - 5	0 - 5	<1	1 - 6	<1	No Major Allergens

SALAD - SALAD BASE & DRESSING

Nutrition information displayed accounts for salad base & dressing only. Please see "Salad - Salad Toppings" for more information.

Base - Salad Mix	1 Ounce	<5 cal	0	0	0	5	<1	0	0	0	No Major Allergens
Spinach Leaf	1 Cup	15	0	0	0	55	2	2	0	2	No Major Allergens
Romaine	1 Ounce	5	0	0	0	0	0	0	0	0	No Major Allergens



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SALAD - SALAD BASE & DRESSING

Nutrition information displayed accounts for salad base & dressing only. Please see "Salad - Salad Toppings" for more information.

Salad Dressing, Balsamic Vinaigrette	1 Ounce	50	5	0	0	110	2	0	0	No Major Allergens
Salad Dressing, Blue Cheese	1 Ounce	320	40	7	30	620	0	0	0	Milk, Eggs
Salad Dressing, Ranch	1 Ounce	200	20	4	20	295	1	0	2	Milk, Eggs
Salad Dressing, Caesar	1 Ounce	160	20	3	0	420	1	0	1	Milk, Fish
Salad Dressing, Lite Italian	1 Ounce	50	0	0	0	680	10	0	0	Soy
Salad Dressing, Olive Oil & Vinegar	1 Ounce	250	30	4	0	0	1	0	0	No Major Allergens
Salad Dressing, Thousand Island	1 Ounce	240	20	0	10	600	10	0	8	Milk, Eggs

SALAD - SALAD BAR TOPPINGS

Nutrition information displayed accounts for salad toppings only. Please see "Salad Base & Dressing" for more information.

Ambrosia Cream Salad	1 Ounce	35	0	0	0	10	0	0	0	Milk, Tree Nuts, Egg
Baby Carrots	1 Ounce	10	0	0	0	35	4	1	2	No Major Allergens
Bacon Bits	1 Ounce	10	1	0	7	160	0	0	0	No Major Allergens
Broccoli	1 Ounce	10	0	0	0	10	0	0	0	No Major Allergens
California Raisins	1 Ounce	100	0	0	0	5	27	1	21	No Major Allergens
Cauliflower	1 Ounce	5	0	0	0	5	1	0	0	No Major Allergens
Celery	1 Ounce	0	0	0	0	0	0	0	0	No Major Allergens
Cheese	1 Ounce	80	6	4	0	180	1	0	0	Milk
Cherry Tomatoes	1 Ounce	< 5 cal	0	0	0	0	0	0	0	No Major Allergens
Cottage Cheese	1 Ounce	30	1	0	5	130	2	0	0	Milk
Cran-Raisin	1 Ounce	15	0	0	0	0	4	0	4	No Major Allergens
Croutons	1 Pack	30	1	0	0	65	5	0	0	Milk, Wheat, Soy
Cucumbers	1 Ounce	< 5 cal	0	0	0	1	1	0	0	No Major Allergens
Elbow Macaroni Salad	1 Ounce	60	4	0	5	120	8	0	1	Milk, Wheat, Eggs, Soy
Fresh Fruit	1 Ounce	20	0	0	0	1	4	0	4	No Major Allergens
Garbanzo Beans	1 Ounce	30	0	0	0	75	0	0	0	No Major Allergens
Hardboiled Egg	1 Ounce	50	3	0	120	35	0	0	0	Egg
Italian Pasta Salad	1 Ounce	40	1	0	0	80	5	0	0	Milk, Wheat, Soy
Kidney Beans	1 Ounce	30	0	0	0	1	5	2	0	No Major Allergens
Lemon / Lime	1 Wedge	< 5 cal	0	0	0	0	1	0	0	No Major Allergens
Macaroni Salad	1/2 Cup	140	8	2	10	240	16	0	2	Milk, Wheat, Eggs, Soy
Olives (Black/Green)	1 Ounce	40	4	0	0	260	1	0	0	No Major Allergens
Peas	1 Ounce	30	0	0	0	2	5	2	2	No Major Allergens
Pepperoncini	1 Ounce	< 5 cal	0	0	0	120	1	0	0	No Major Allergens
Pineapple or Peaches or Tangerine	1 Ounce	20	0	0	0	1	4	0	3	No Major Allergens
Potato Salad with Diced Egg	.50 Ounce	50	3	0	15	90	5	0	1	Milk, Soy, Eggs
Raspberry Parfait	1 Ounce	30	0	0	3	15	4	0	3	Milk
Red Onion	1 Ounce	10	0	0	0	1	3	0	2	No Major Allergens
Shredded Carrot	1 Ounce	10	0	0	0	20	3	0	1	No Major Allergens
Sliced Beets	1 Ounce	0	0	0	0	15	2	0	2	No Major Allergens
Sunflower Seeds	1 Ounce	140	10	0	0	0	7	0	0	Nuts, Seeds

SALAD - SPECIALTY

Nutrition information displayed accounts for salad base, dressing and toppings.

Garden Salad - Individual	Indv.	500	50	8	35	1205	25	0	6	7	Egg, Milk
Garden Salad - Individual - w/o Dressing and Croutons	Indv.	40	3	1	10	55	10	0	0	2	Egg, Milk, Wheat, Soy
Garden Salad - Family	Family	1470	147	25	105	3460	70	10	17	21	Egg, Milk
Garden Salad - Family - w/o Dressing and Croutons	Family	150	8	4	25	200	35	10	0	8	Egg, Milk, Wheat, Soy
Caesar Salad - Individual	Indv.	720	70	13	25	1840	15	3	4	4	Milk, Fish, Wheat
Caesar Salad - Individual - w/o Dressing and Croutons	Indv.	40	2	1	5	85	5	2	2	4	Milk
Caesar Salad - Family	Family	2120	208	38	80	5470	25	7	8	20	Milk, Fish, Wheat
Caesar Salad - Family - w/o Dressing and Croutons	Family	80	2	1	5	215	10	6	4	8	Milk
Chef's - Individual	Indv.	590	54	10	60	1765	25	0	5	17	Egg, Milk
Chef's - Individual - w/o Dressing and Croutons	Indv.	120	7	3	35	615	10	0	0	12	Egg, Milk, Wheat, Soy
Chef's - Family	Family	1760	164	33	200	5180	60	5	15	54	Milk, Wheat, Soy
Chef's - Family - w/o Dressing and Croutons	Family	420	25	11.5	120	1940	20	0	0	40	Egg, Milk, Wheat, Soy
Antipasto - Individual	Indv.	420	28	4	35	2145	30	0	11	15	Egg, Milk
Antipasto - Individual - w/o Dressing and Croutons	Indv.	120	7	15.5	35	615	10	0	0	12	Egg, Milk, Wheat, Soy
Antipasto - Family	Family	1340	89	11.5	120	6840	100	13	30	49	Egg, Milk
Antipasto - Family - w/o Dressing and Croutons	Family	420	25	12.0	120	1940	20	0	0	40	Egg, Milk, Wheat, Soy
Greek - Individual	Indv.	410	28	7	40	1945	30	4	10	12	Egg, Milk
Greek - Individual - w/o Dressing and Croutons	Indv.	110	7	6	40	415	10	1	1	9	Egg, Milk, Wheat, Soy



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SALAD - SPECIALTY

Nutrition information displayed accounts for salad base, dressing and toppings.

Greek - Family	Family	1150	78	17	95	5640	95	7	28	33	Egg, Milk
Greek - Family - w/o Dressing and Croutons	Family	230	14	13	95	740	20	4	2	30	Egg, Milk, Wheat, Soy

WINGS - CLASSIC

Nutrition information displayed accounts for wings and sauce. Wings come in orders of 6, 12 and 24 Pieces

Plain Wings	3 Pieces	230	17	4.5	60	380	0	0	0	18	Wheat
Frank's RedHot® Buffalo	3 Pieces	230	17	4.5	60	1220	0	0	0	18	Wheat
KC Masterpiece® BBQ	3 Pieces	280	17	4.5	60	610	15	0	12	18	Wheat
Zesty Aloha	3 Pieces	300	17	4.5	60	1020	20	0	9	18	Wheat
Stingin' Honey	3 Pieces	330	17	4.5	60	680	25	0	18	18	Soy, Wheat
Nashville Hot Wings	3 Pieces	240	17	4.5	60	515	5	0	0	18	Wheat

WINGS - BONELESS

Nutrition information displayed accounts for wings and sauce. Boneless Wings come in orders of 1/2 lb and 1lb.

Plain Boneless Wings	3 Pieces	240	12	2	40	570	15	0	0	18	Soy, Wheat
Frank's RedHot® Buffalo	3 Pieces	240	12	2	40	1410	15	0	0	18	Soy, Wheat
KC Masterpiece® BBQ	3 Pieces	290	12	2	40	800	30	0	12	18	Soy, Wheat
Zesty Aloha	3 Pieces	310	12	2	40	1210	30	0	9	18	Soy, Wheat
Stingin' Honey	3 Pieces	340	12	2	40	870	40	0	18	18	Soy, Wheat
Nashville Hot Wings	3 Pieces	300	15	2	50	848	20	0	0	18	Soy, Wheat

SIDES

Nutrition information displayed accounts for item only and not for additional dressings and toppings.

Garlic Not-Knots®	1 Knot	200	14	8	0	55	15	0	0	4	Milk, Soy, Wheat, Poppy Seeds
Mountain Fries	1 Serving	520	14	2	0	1560	80	8	0	8	Wheat
Loaded Mountain Fries	1 Serving	1052	62	36	10	136	80	0	0	40	Wheat
Garlic Sticks w/ Cheese	4 Sticks	270	10	3	10	183	35	0	0	8	Milk, Soy, Wheat
Garlic Bread w/ Cheese	1 Loaf	560	28	8	25	1090	60	0	0	18	Milk, Soy, Wheat
Mozzarella Sticks	1 Stick	80	3	1.5	5	190	10	0	0	4	Wheat, Milk, Egg
Fire Sticks™	1 Stick	80	3	1.5	5	255	10	0	0	5	Wheat, Milk, Egg

DESSERTS

Nutrition information displayed accounts for item only and not for additional dressings.

Cinnamon Dessert Pizza	1 Slice	100	3	< 1	0	35	15	0	4	2	Milk, Soy, Wheat
Mini Churrs®	4 Pieces	170	10	1.5	0	180	20	0	3	2	Egg, Wheat
Pizza Cookie	1 Slice	150	8	3	0	110	20	0	9	1	Egg, Milk, Soy, Wheat

DIPS & SAUCES

Nutrition information displayed for sauce only. Sauces come in 2oz and 4oz sizes.

Frank's RedHot® Buffalo	1 Ounce	0	0	0	0	840	0	0	0	0	No Major Allergens
KC Masterpiece® BBQ	1 Ounce	50	0	0	0	230	15	0	12	0	No Major Allergens
Zesty Aloha	1 Ounce	70	0	0	0	640	20	0	9	0	No Major Allergens
Stingin' Honey	1 Ounce	100	0	0	0	300	25	0	18	0	Soy, Wheat
Mike's Hot Honey®	1 Ounce	95	0	0	0	0	25	0	21	0	No Major Allergens
Ranch	1 Ounce	200	22	0	20	540	0	0	0	0	Milk, Eggs
Blue Cheese	1 Ounce	320	34	7	30	620	0	0	0	0	Milk, Eggs

SANDWICHES

Nutrition information displayed for sandwich and base spread. Add corresponding topping(s) to base for caloric total.

Cliff Hanger Sandwich Roll, Bread and Topping	1 Sandwich	290	1	0	0	615	60	0	3	10	Wheat
Cliff Hanger Sandwich Roll Topping, Mozzarella Cheese	1.5 Ounces	90	6	4	15	190	0	0	0	7	Wheat
Cliff Hanger Sandwich Roll Topping: Salami	3 Ounces	350	27	11	85	1505	0	350	2	20	Wheat
Cliff Hanger Sandwich Roll Topping: Ham	3 Ounces	90	3	1	30	940	0	0	1	14	Wheat
Cliff Hanger Sandwich Roll Topping: Louisiana Hot Style Sausage	4 Ounces	340	28	12	60	1220	0	0	0	14	Wheat
Half Dome Roll, Bread and Toppings	1 Sandwich	425	10	5	30	940	60	0	2	19	Wheat
Half Dome Roll Topping, Anchovies	Total Per Sandwich	10	1	0	5	290	0	0	0	1	Wheat
Half Dome Roll Topping, Artichoke Hearts	Total Per Sandwich	20	1	0	0	80	0	0	0	0	Wheat
Half Dome Roll Topping, Beef	Total Per Sandwich	60	4	1.5	15	15	0	0	0	4	Wheat
Half Dome Roll Topping, Green Bell Peppers	Total Per Sandwich	0	0	0	0	0	0	0	0	0	Wheat
Half Dome Roll Topping, Fresh Tomato	Total Per Sandwich	10	0	0	0	5	0	0	2	0	Wheat
Half Dome Roll Topping, Garlic	Total Per Sandwich	10	0	0	0	0	0	0	0	0	Wheat
Half Dome Roll Topping, Ham	Total Per Sandwich	20	0	0	5	155	0	0	0	2	Wheat
Half Dome Roll Topping, Italian Sausage	Total Per Sandwich	60	4	1.5	15	160	0	0	0	3	Wheat



SERVING SIZE	CALORIES	TOTAL FAT (g)	SATURATED FAT (g)	CHOLESTEROL (mg)	SODIUM (mg)	TOTAL CARBS (g)	DIETARY FIBER (g)	SUGARS (g)	PROTEIN (g)	ALLERGENS
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SANDWICHES

Nutrition information displayed for sandwich and base spread. Add corresponding topping(s) to base for caloric total.

Half Dome Roll Topping, Jalapenos	Total Per Sandwich	5	0	0	0	130	0	0	0	0	Wheat
Half Dome Roll Topping, LA Hot Style Sausage	Total Per Sandwich	70	5	2	10	230	0	0	0	3	Wheat
Half Dome Roll Topping, Linguica	Total Per Sandwich	60	5	1.5	15	230	0	0	0	4	Wheat
Half Dome Roll Topping, Mushrooms	Total Per Sandwich	0	0	0	0	0	0	0	0	0	Wheat
Half Dome Roll Topping, Olives	Total Per Sandwich	30	3	0	0	165	0	0	0	0	Wheat
Half Dome Roll Topping, Onions	Total Per Sandwich	0	0	0	0	0	0	0	0	0	Wheat
Half Dome Roll Topping, Pepperoni	Total Per Sandwich	120	11	4	20	490	0	0	0	5	Wheat
Half Dome Roll Topping, Pineapple	Total Per Sandwich	20	0	0	0	0	0	0	3	0	Wheat
Half Dome Roll Topping, Salami	Total Per Sandwich	50	3	1	10	190	0	0	0	2	Wheat
Half Dome Roll Topping, Topping Cheese	Total Per Sandwich	50	3	2	10	90	0	0	0	3	Wheat

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.