



Pizza Calorie Chart (Per Slice)

	Mountain 20"	Large 14"	Medium 12"	Small 10"
Speciality Pizzas				
Diamond Head	309.52	226.26	196.37	141.54
Garlic Tuscan	390.07	283.79	246.71	187.79
Mt St Helens	321.86	294.04	203.73	152.62
Mt Veggiemore	308.73	225.69	195.15	147.12
Pikes Peak	476.92	286.86	249.5	189.94
Robbers Roost	295.56	229.31	198.82	148.98
Sizzlin Bacon	376.44	274.06	238.2	180.86
Snowy Alps (Combo)	341.22	248.9	216.18	163.24
Snowy Alps (Veggie)	311.53	227.69	197.72	148.4
Chicken Club	390.76	284.29	246.03	185.33
Everest	369.49	269.09	232.61	176.04
Pineapple Chicken	407.76	296.43	255.97	192.1
Classic Pizzas				
Cheese	268.1	196.71	170.81	126.8
Pepperoni	347.14	253.35	217.44	166.32
Sausage (Italian)	246.21	233.19	202.73	152.33
Create your own pizza				
Pizza Dough (2.60 oz)	188.25	139.74	120.91	86.88
Pizza Sauce (0.40 oz)	6.89	4.99	4.3	3.44
Mozzarella Cheese (0.80 oz)	72.96	51.98	45.6	36.48
Topping Cheese (0.10 oz)	9.59	6.71	5.99	4.79
Ham (0.40 oz)	11.49	8.2	7.18	5.73
Canadian Bacon (0.40 oz)	11.94	8.53	7.46	5.96
Salami (0.40 oz)	46.61	33.29	29.13	23.3
Pepperoni (0.40 oz)	52.69	37.63	32.93	26.34
Mushrooms (0.40 oz)	2.43	1.73	1.52	1.2
Black Olives (0.40 oz)	17.73	12.66	11.08	8.86
Green Bell Peppers (0.20 oz)	1.14	0.81	0.71	0.56
Onions (0.20 oz)	2.52	1.8	1.57	0.9
Garlic (0.20 oz)	8.47	6.05	5.29	4.23
Artichokes (0.60 oz)	15.2	10.85	9.5	7.6
Jalapeno Slices (0.60 oz)	3.06	2.18	1.91	1.53
Green Chiles (0.80 oz)	3.78	2.7	2.36	1.89
Pineapple (0.80 oz)	14.88	10.63	9.3	7.44
Green Onions (0.15 oz)	1.36	0.97	0.75	0.68
Sun Dried Tomatoes (0.20 oz)	13.05	9.32	8.15	6.52
Linguica (0.48 oz)	38.5	27.56	23.67	18.24
Ground Beef (0.48 oz)	34.23	24.5	21.04	16.21
Italian Sausage (0.48 oz)	34.65	24.8	21.3	16.41
Hot Link Sausage (0.48 oz)	40.37	28.9	24.82	19.12
Chicken (0.48 oz)	20.91	14.97	12.85	9.9
Bacon Pieces (0.48 oz)	80.86	57.88	49.71	38.3
Anchovies (1.60 fillets)	6.66	4.7	4.16	3.33
Tomato Slices (1.20 medium slices)	4.8	6.8	2.68	2.4